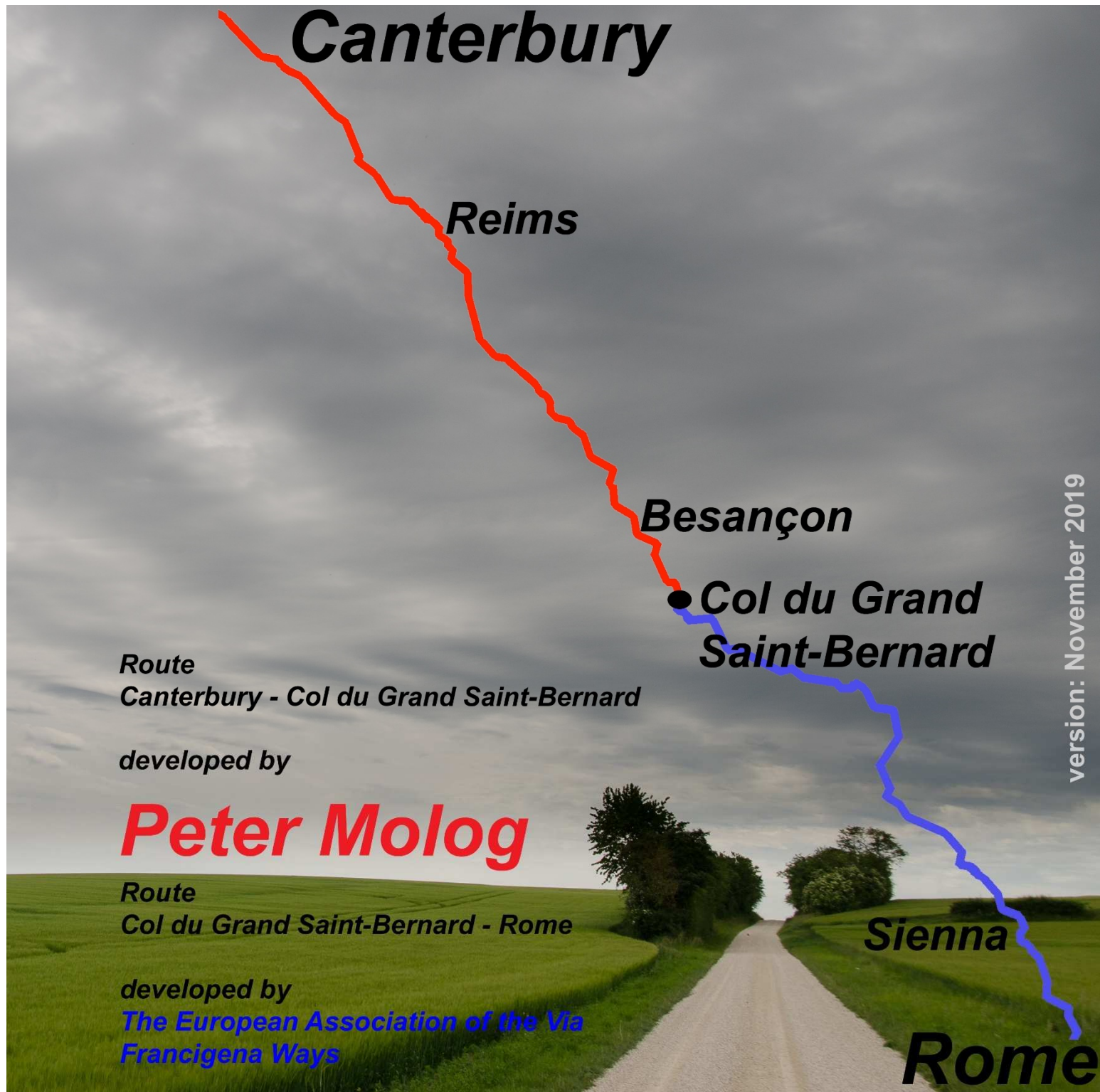


Via Francigena

A pilgrimage of 2000 kilometres by bike

CicloViaFrancigena



Donations

Donations in the form of tips and/or route alternatives are appreciated.



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**VIA
FRANCIGENA**

EUROPEAN ASSOCIATION

Cultural route
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Via Francigena

In the year 990, Sigeric travels from Canterbury to Rome. He was appointed archbishop at the end of 989 or the beginning of 990.

He made the journey to Rome to receive from the pope the [pallium](#). On his return journey, he recorded the important places he passed by.

It is not clear whether the mentioned places are places to stay, or places to pass to and from Rome.

In the past it was customary to refer to the road system from Western Europe to Rome as Via Francigena, but nowadays that expression is used to refer to this route of Sigeric.

Various guides are available for walking pilgrims.

For the cycling pilgrim the Italian part of the Via Francigena is well mapped out by the [European Association of the Vie Francigene](#) (EAVF).

Until now the first part of the route, from Canterbury to the Col de Grand Saint-Bernard, was missing. With this guide the itinerary from Canterbury to Rome for the cyclist is complete.

The GPS files with this guide

CicloviaFrancigena.gpx

- All tracks from Canterbury to the Col du Grand-Saint-Bernard (including a number of variants).
- A number of navigation instructions at very difficult points.

RomanRoads.gpx

- An overview of Roman roads, as far as they are close to the Via Francigena. (source: [vici.org](#))
- A number of milestones in Switzerland where no Roman road is indicated. (source: [vici.org](#))
- All the places mentioned in Sigeric's list.

AccessRoutes.gpx

- Tracks for the approach routes from the Netherlands.
- Hook of Holland - Harwich - Canterbury
- Breskens - Calais – Canterbury

NoCampings.gpx

An overview of longer stretches without campsites within 5 kilometres of the route.

CicloViaFrancigena

An integral part of this travel guide are the GPS files for the Via Francigena by bike from Canterbury to the Col du Grand-Saint-Bernard.

The GPX tracks and other data for the Italian part of the Col de Grand Saint-Bernard to Rome can be found on the site of the EAVF.

Height profiles for the Italian part are included in this guide. These are missing on the site of the EAVF.

The list of Sigeric

[The overview of the EAVF](#) is used to identify the places mentioned in Sigeric's list.

The list is numbered from 1 (Rome) to 80 (Sombre). Number 79 is missing.

A number of places are very difficult to identify. Several names are in circulation for a number of places.

In 1990, Veronica Ortenberg published a study in which the different interpretations of all the places mentioned are discussed. Her conclusions differ on a number of points from the list below. A note has been made about the locations in question.

	Name	Identification	Marked in GPX-file
80	Sumeran	Sombre, bij Wissant	
78	Gisne	Guînes	
77	Teranburh	Thérouanne	
76	Bruwaei	Bruay-en-Artois of Bruay-la-Buissière	
75	Atherats	Arras	
74	Duin	Doingt	
73	Martinwaeth	Seraucourt-le-Grand	Note 1
72	Mundlothuïn	Laon	
71	Corbuneï	Corbeny	
70	Rems	Reims	
69	Catheluns	Châlons-en-Champagne	
68	Funtaine	Fontaine-sur-Coole	
67	Domaniant	Donnement	
66	Breone	Brienne-le-Vielle	
65	Bar	Bar-sur-Aube	
64	Blaecuile	Blessonville	
63	Oisma	Humes	Note 2
62	Grenant	Grenant	
61	Sefui	Seveux-sur-Sâone	
60	Cuscei	Cussey-sur-l'Ognon	
59	Bysiceon	Besançon	
58	Nos	Nods	
57	Punterlin	Pontarlier	
56	Antifern	Jougne	Note 3
55	Urba	Orbe	
54	Losanna	Lausanne	
53	Vivac	Vevey	
52	Burbulei	Versvey	Note 4
51	See Maurici	St. Maurice	

	Name	Identification	Marked in GPX-file
50	Ursiores	Orsières	
49	Petrecastel	Bourg-Saint-Pierre	
48	See Remei	Saint-Rhémy-en-Bosses	Note 5
47	Agusta	Aosta	
46	Publei	Monjovet	indicative
45	Everi	Ivrea	
44	See Agath	Santhià	
43	Vercel	Vercelli	
42	Tremel	Tromello	
41	Pamphica	Pavia	
40	Sce Cristine	Santa Cristina	
39	See Andrea	Corte San'Andrea	
38	Placentia	Calendasco (Piacenza)	
37	Floricum	Fiorenzuola d'Arda	
36	See Domnine	Fidenza	presumably
35	Mezane	Medesano	
34	Philemangenur	Fornovo di Taro of Felegara	both indicated
33	See Modesanne	Berceto	
32	See Benedicte	Montelungo	indicative
31	Puntremel	Potremoli	
30	Aguilla	Aulla	
29	See Stephane	Santo Stefano di Magra	
28	Luna	Luni	
27	Campmajor	Camaione	
26	Luca	Lucca	
25	Forcri	Porcari	
24	Aqua Nigra	Ponte a Cappiano	
23	Arneblanca	Fuccechio	
22	See Dionysii	S. Genesio, Sanminiato	
21	See Petre current	Pieve dei Santi Pietro e Paolo a Coiano	
20	See Maria glan	Pieve di Santa Maria Assunta a Chianni	
19	See Gemiane	S. Gimignano	
18	See Martin in Fosse	Molino d'Aiano	
17	Ælse	Pieve d'Elsa	
16	Burgenove	Abbadia a Isola	
15	Seocine	Siena	
14	Arbia	Ponte Arbia	
13	Turreiner	Torrenieri	
12	See Quiric	San Quirico d'Orcia	
11	Abricula	Le Briccole	
10	See Petir-in-Pail	Podere Voltole	not localised
9	Aqua Pendente	Acquapendente	
8	Sea Cristina	Bolsena	
7	See Flaviane	Montefiascone	
6	See Valentine	Viterbo	
5	Furcari	Vetralla	
4	Suteria	Sutri	
3	Bacane	Valle di Baccano	indicative
2	Johannis VIII	La Storta	
1	Urbs Roma	Rome, Borge Leonino	

Notes on locations based on the text *Archbishop Sigeric's journey to Rome in 990* by Veronica Ortenberg. ([See download page](#))

Note 1

In various sources Martinwaeth is identified as Seraucourt-le-Grand. Veronica Ortenberg mentions St Martin on the Amignon as the most probable place (page 243). Martinwaeth is then translated as Martins Ford.

In the village of Trefcon, located on the Omignon, the church is dedicated to Saint Martin. It seems that Martins Ford has to be searched here. Martinsweath = Trefcon.

Note 2

Veronica Ortenberg mentions (page 241) Saint-Geosmes more likely than Humes for religious and historical reasons. The fact that two Roman roads come together here also argues in favour of Saint-Geosmes. Also see the GPS file RomanRoads.gpx

Note 3

For Antifern (56) many possible places are indicated.

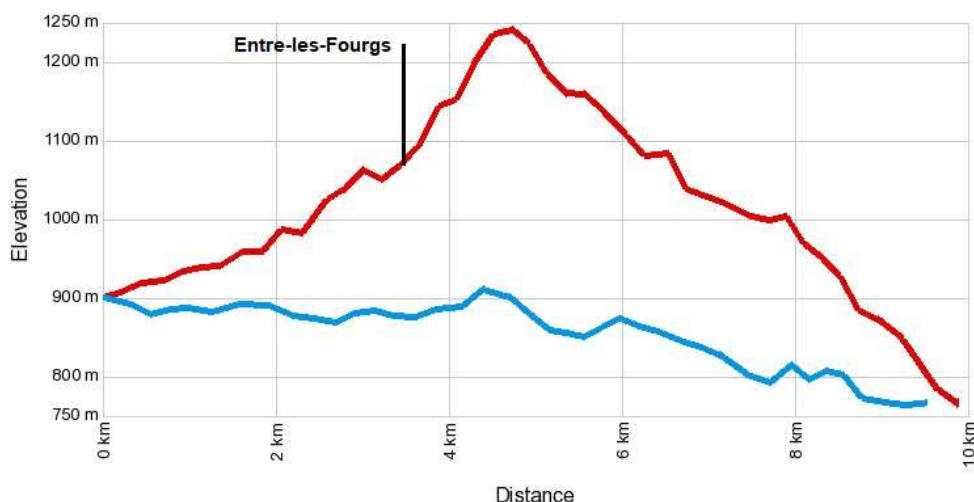
Veronica Ortenberg describes the hamlet of Entre-les-Fourgs as the most likely candidate (page 240).

However, this choice does not seem logical.

The route from Orbe to Jougne is also possible by going around the ridge where Entre-les-Fourgs is located.

Both distances have about the same length, but the route via Entre-les-Fourgs, adds about 350 altimeters.

So it seems more logical to descend after the Col de Jougne. Furthermore a Roman road has been identified in Ballaigues, and this is not on the route via Entre-les-Fourgs.



Elevation profile of both possibilities.

Note 4

For Burbulei (52) also many possibilities have been mentioned.

Looking at the heavily canalized Rhone and the completely flat country from the Lac Léman to Saint-Maurice, it is inevitable that this was a marshy delta. The Roman road lies on the eastern side of the valley. Where Burbulei really was located is unclear, but probably on the east side of the valley at the foot of the mountains.

At Saint-Maurice the valley of the Rhone narrows. It must have been easy to get here to the other bank with a bridge.

Note 5

For the Italian part of the route, the identification of the locations is not taken into account.

The overview of the stages explanation

The stages from Canterbury to the Col du Grand-Saint-Bernard are set up according to Sigeric's list of place names.

The Italian part has been divided by the EAVF into more or less equal stages of 45 to 50 kilometres.

Explanation of the terms used in the overview.

Distance:

The net distance in kilometres.

Remarks:

The note "see navigation instructions" refers to a waypoint in the GPS file.

Level:

- Light - little or no difference in altitude
- Medium - one or more climbs of any size of 100 meters or more distributed over the stage, or - a flat stage with a few firm climbs (> 10%)
- Heavy - a continuous climbing and/or descending, with large differences in height.
- Very heavy - only climbing in the Alps.

Character:

A general description of the landscape.

Quality of roads:

An indication of the type of road surface and the amount of traffic.

For non-asphalted roads, indicated as unpaved, the following qualifications apply:

- Good
a road or path where little or no attention needs to be paid to the road surface; the speed is hardly affected.
- Moderate
a road or path on which attention must be paid to the road surface; this may have an effect on speed.
- Bad
a road or path where a great deal of attention must be paid to the road surface, potholes, coarse stones, etc.; this has a significant influence on the speed.
- Very poor
100% attention required; great influence on speed.

Shops:

The listing of shops is an indication.

If added after the place name (bakery), this is the only shop facility.

Place names listed in **red** are a maximum of 5 kilometres outside the route.

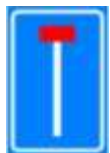
All elevation profiles are on the same scale. Not all profiles start at 0 meters.

Names in blue on the profile indicates a river.

Please note

It may happen that a short distance has to be walked in cities or villages.

In addition, outside the built-up area on the route sometimes this sign appears.



If the route continues here, there is no dead end for cyclists.

Overnight stays

There is no list of accommodation options. But a few remarks about the possibilities can be made.

Campsites

In general it is possible to spend the night on campsites, but there are a number of stretches where the campsites can only be reached after (long) daytrips. The GPS tracks include an overview of camping-free routes.

An extensive overview of campsites can be found at [ArchiesCampings](#).

Two remarks about Archies:

- No distinction is made between types of campsites (simple or super-de-luxury).
- It happens that campsites no longer exist.

Some research before departure is recommended.

Wild camping

Wild camping is not always allowed, but is often possible under the familiar rules of wild camping. If you follow the route strictly, you will have to camp a number of times in the wild, or you will have to look for other accommodation options. Not all campsites are within 2.5 km of the route.

Pilgrim's accommodation

It is possible to use accommodation for pilgrims. A Pilgrim's Passport is required for this purpose. For Dutch people this can be obtained through the [Vereniging Pelgrimswegen naar Rome](#).

It is also possible to purchase a Pilgrim's Credential via the [EAVF](#)

B&B and hotels and pilgrim's shelters

A lot of information can be found in the hiking guides of Ben Teunissen (Weg der Franken). These guides are available on paper, but also as PDFs. Only available in Dutch.

Also on the site of the EAVF you can find a lot of information about Pilgrim's accommodations, hotels and B&B's.

The emphasis here is on information about Italy.

Stage overview

All the profiles in this guide are made with:

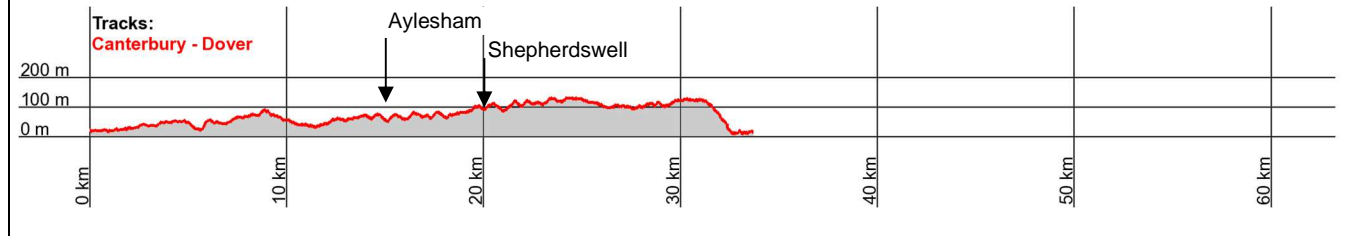


Stage	Kilometres	Unpaved	
Canterbury-Dover	33,7		
Calais-Wissant-80.Sombre	25	7,5	
80. Sombre – 78. Guînes	13,3		
78. Guînes – 77. Therouanne	45,5	3	
77. Therouanne – 76. Bruay-en-Artois	29,2	2	
76. Bruay-en-Artois – 75. Arras	32,4	4	
75. Arras – 74. Doingt	57,3	2	
74. Doingt – 73. Seraucourt-le-Grand	28,9		
73. Seraucourt-le-Grand – 72. Laon	54,4	5,5	
72. Laon – 71. Corbeny	25,8		
71. Corbeny – 70. Reims	40,7	5	
70. Reims - 69. Châlons-en-Champagne	51,2		
69. Châlons-en-Champagne – 68. Fontaine-sur-Coole	20,3	10,5	
68. Fontaine-sur-Coole – 67 Donnement-sur-Meldançon	33	16,5	
67. Donnement-sur-Meldançon – 66. Brienne-la-Vieille	20,6		
66. Brienne-la-Vieille - 65. Bar-sur-Aube	24,8	2,5	
65. Bar-sur-Aube – 64. Blessonville	39,2		
64. Blessonville – 63. Humes	31,9		
63. Humes – 62. Grenant	31,9	4,8	
62. Grenant – 61. Seveux-sur-Sâone	39,1		
61. Seveux-sur-Sâone – 60. Cussey-sur-l'Ognon	31,3		
60. Cussey-sur-l'Ognon – 59. Besançon	16,9		
59. Besançon – 58. Nods	39,3	3,5	
58. Nods – 57. Pontarlier	31,8	5,2	
57. Pontarlier – 56. Jougne	28,1	1,7	
56. Jougne – 55. Orbe	19	0,2	
55. Orbe – 54. Lausanne	40	9,6	
54. Lausanne – 53. Vevey	24	2,9	
53. Vevey – 52. Versvey	21		
52. Versvey – 51. Saint-Maurice	17,2	1,1	
51.Saint Maurice – 50. Orsières	35,2		
50. Orsières – 49. Bourg-Saint-Pierre	13,4		
49. Bourg-Saint-Pierre – Col du Grand-Saint-Bernard	24,7		
Totaal kilometers	1020,1	87,5	

Stage	Kilometres	Unpaved	
Leg B01 - From Great San Bernardo to Aosta	41,5	1	
Leg B02 - From Aosta to Verres	49,4	2,4	
Leg B03 - From Verres to Roppolo	53,6	7	
Leg B04 - From Roppolo to Vercelli	40,4	15,3	
Leg B05 - From Vercelli to Mortara	38,2	18	
Leg B06 - From Mortara to Pavia	42,6	16	
Leg B07 - From Pavia to Orio Litta	51,6	11,7	
Leg B08 - From Orio Litta to Fiorenzuola	56,9	4,8	
Leg B09 - From Fiorenzuola to Fornovo	51,6	2,6	
Leg B10 - From Fornovo to Berceto	34,8		
Leg B11 - From Berceto to Aulla	51,4		
Leg B12 - From Aulla to Massa	52,8	1,2	
Leg B13 - From Massa to Lucca	55	3,8	
Leg B14 - From Lucca to San Miniato	46,1	3,1	
Leg B15 - From San Miniato to San Gimignano	42		
Leg B16 - From San Gimignano to Siena	49,1	18,5	
Leg B17 - From Siena to San Quirico	54,1	29,4	
Leg B18 - From San Quirico to Radicofani	36,3	3,5	
Leg B19 - From Radicofani to Bolsena	55,2	15,5	
Leg B20 - From Bolsena to Viterbo	32,4	15,3	
Leg B21 - From Viterbo to Sutri	37,9	11,6	
Leg B22 - From Sutri to Formello	34,3	16,3	
Leg B23 - From Formello to Rome	33,9		
Tolaal	1041,1	197	
Canterbury - Col du Grand Saint-Bernard	1020,1	87,5	9%
Col du Grand Saint-Bernard - Rome	1041,1	197	19%
Canterbury - Rome	2061,2	284,5	14%

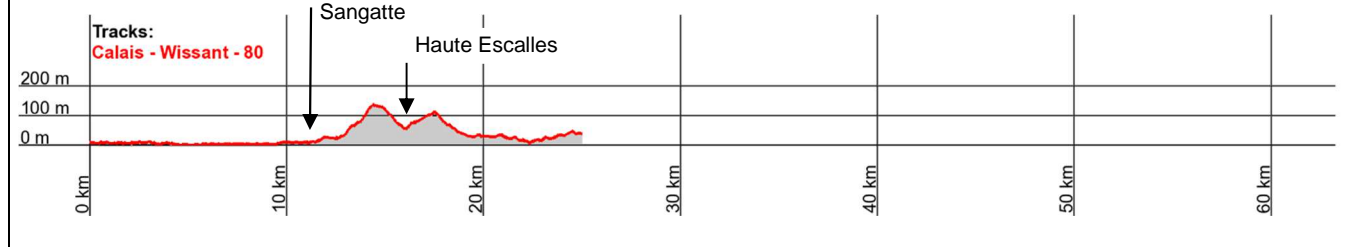
Canterbury - Dover

Distance	33,7 km
Remarks	
Level	Medium
Character	Undulating landscape. Steep decent to Dover.
Quality of roads	Good
Shops	Aylesham, Shepherdsweil.



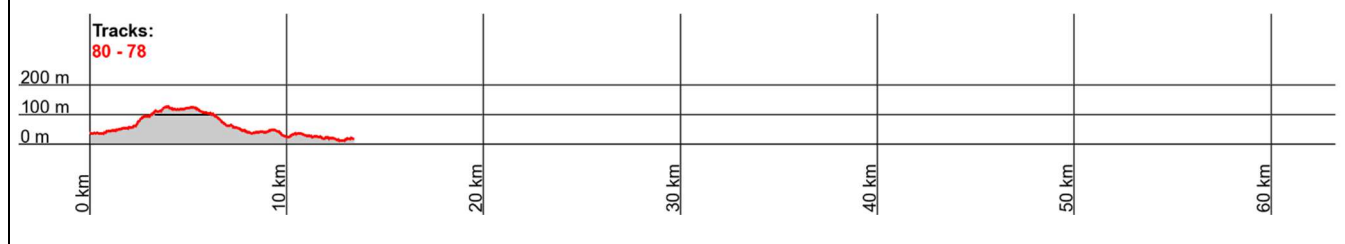
Calais – Wissant – 80. Sombre

Distance	25 km <i>Unpaved 7,5 km</i>
Remarks	In summer the asphalt variant can be very busy.
Level	Easy / medium. In the climb between Sangatte and Haute Escalles are a number of steep tracks.
Character	Landscape: disorder in the first part, after Sangatte open and sometimes rough.
Quality of roads	A mainly <u>unpaved</u> road of medium to bad quality between Calais and La Haute Escalles.
Shops	Calais, Sangatte, Wissant.



80. Sombre – 78. Guînes

Distance	13,3 km
Remarks	-
Level	Easy.
Character	Open, undulating landscape.
Quality of roads	All roads metallised. First part quiet. After crossing the TGV line, somewhat more busy, but there is a bicycle lane.
Shops	Saint-Inglevert, Guînes.



78. Guînes – 77. Therouanne

Distance	45,5 km <i>Unpaved 3 km.</i>
Remarks	After Guînes asphalt option.
Level	Medium, some serious short climbs. Once $\pm 10\%$.
Character	Open landscape, little shelter.
Quality of roads	Immediately after Guînes bad and <u>unpaved</u> . Asphalt variant can be busy. Apart from that metalled, except an unavoidable <u>unpaved</u> descent.
Shops	Lumbres, Therouanne.

77. Therouanne – 76. Bruay-en-Artois

Distance	29,2 km <i>Unpaved 2 km.</i>
Remarks	Chaussée Brunehaut (Roman road) will not be followed: too busy.
Level	Easy / medium. The track finishes with a short climb of 17%.
Character	Undulating, open landscape.
Quality of roads	Quiet. Partly <u>unpaved</u> , quality good to medium.
Shops	Estrée-Blanche, Divion.

76. Bruay-en-Artois – 75. Arras

Distance	32,4 km <i>Unpaved 4 km.</i>
Remarks	-
Level	Medium.
Character	Undulating, open landscape.
Quality of roads	Mainly asphalt. After Marœuil a short piece is <u>unpaved</u> . Shortly before Arras bad track, mind the navigation instruction.
Shops	Marœuil, Arras.

75. Arras – 74. Doingt

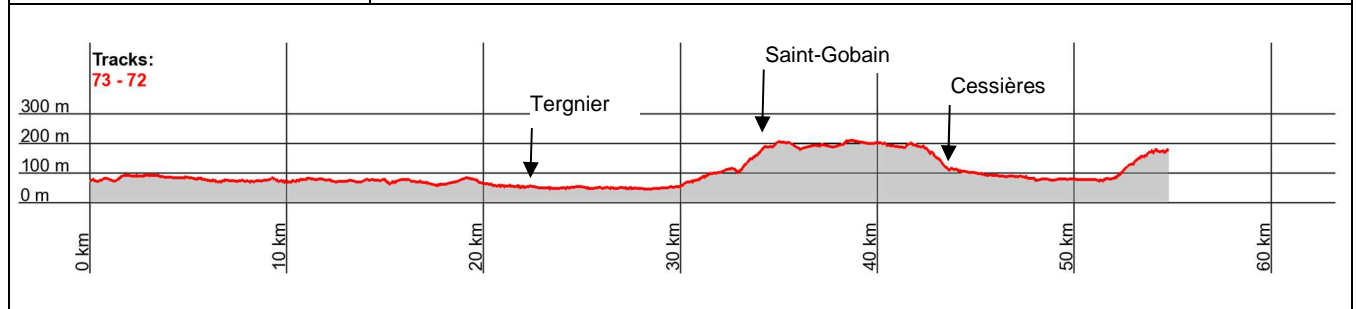
Distance	57,3 km <i>Unpaved 2 km.</i>
Remarks	-
Level	Easy. Hardly any climbing.
Character	Slightly undulating, open landscape.
Quality of roads	Mainly asphalt. Along Canal du Nord partly <u>unpaved</u> . At Arras and Bapaume short parts of busy roads, for the rest quiet.
Shops	Bapaume, Péronne.

74. Doingt – 73. Seraucourt-le-Grand

Distance	28,9 km
Remarks	See note on Sigeric's list.
Level	Easy.
Character	Slightly undulating, open landscape.
Quality of roads	Metalled, quiet.
Shops	Seraucourt-le-Grand.

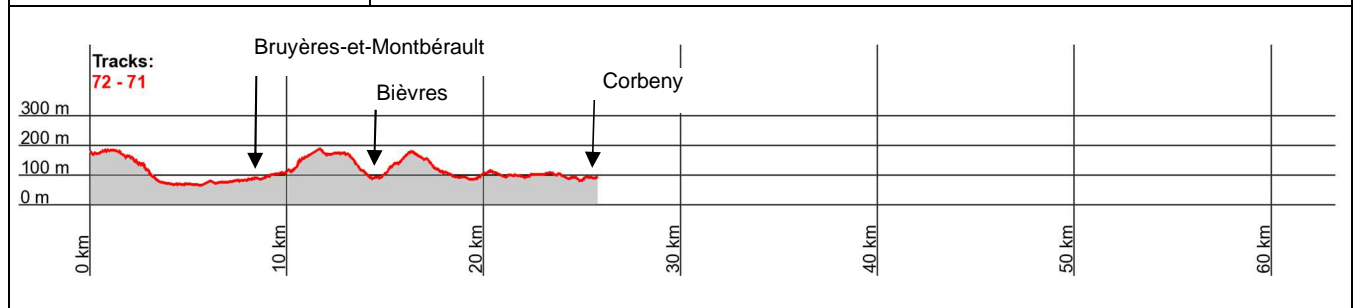
73. Seraucourt-le-Grand – 72. Laon

Distance	54,4 km <i>Unpaved 5,5 km.</i>
Remarks	If the bridge over Canal de Saint-Quentin is in use again, cross it and go along the canal. Otherwise follow the diversion.
Level	Medium. Two climbs: in St-Gobain and in Laon.
Character	Mostly open landscape. Off Tergnier towpath along the canal. After St.-Gobain mainly forest.
Quality of roads	Good, quiet. Along the canal partly half metalled.
Shops	Ternier, Laon.



72. Laon – 71. Corbeny

Distance	25,8 km
Remarks	-
Level	Medium. Two significant small climbs.
Character	Hilly. Alternate forest and open landscape.
Quality of roads	Good.
Shops	Bruyères-en-Montbérault (bakery), Corbeny (bakery).



71. Corbeny – 70. Reims

Distance	40,7 km <i>Unpaved 5 km.</i>
Remarks	Crossing Reims is all along Canal de L'Aisne à la Marne. Almost traffic free.
Level	Easy.
Character	Open landscape. Often sheltered along canals.
Quality of roads	Sometimes the towpaths along canals are bad.
Shops	Pontavert (bakery), Cormicy , Reims.

70. Reims - 69. Châlons-en-Champagne

Distance	51,2 km
Remarks	Crossing Reims is all along Canal de L'Aisne à la Marne. Almost traffic free.
Level	Easy.
Character	Mainly along the Champagne vineyards.
Quality of roads	Good.
Shops	Verzy (bakery) , Condé-sur-Marne (bakery), Châlons-en-Champagne.

Please note!

Between Châlons-en-Champagne (69) and Brienne-la-Vieille (66) (74) km):

- no provisions;
- little or no shelter.

Between Sogny-aux-Moulins and Donnemont-sur-Meldaçon (67) an asphalt variant is indicated.

69. Châlons-en-Champagne – 68. Fontaine-sur-Cooles

Distance	20,3 km <i>Unpaved 10,5 km.</i>
Remarks	-
Level	Medium. Not much climbing, but gravel during a long time.
Character	Mainly open field.
Quality of roads	For a large part <u>unpaved</u> .
Shops	Sarry (bakery),

68. Fontaine-sur-Cooles – 67 Donnemont-sur-Meldançon

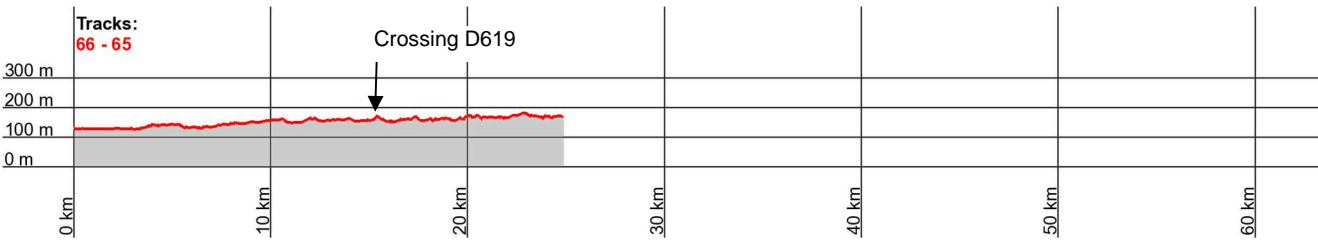
Distance	33 km <i>Unpaved 16,5 km.</i>
Remarks	-
Level	Medium. Not much climbing, but gravel during a long time.
Character	Mainly open field.
Quality of roads	For a large part <u>unpaved</u> .
Shops	-

67. Donnemont-sur-Meldançon – 66. Brienne-la-Vieille

Distance	20,6 km
Remarks	-
Level	Easy.
Character	A little less open landscape.
Quality of roads	Good, quiet.
Shops	Brienne-le-Château.

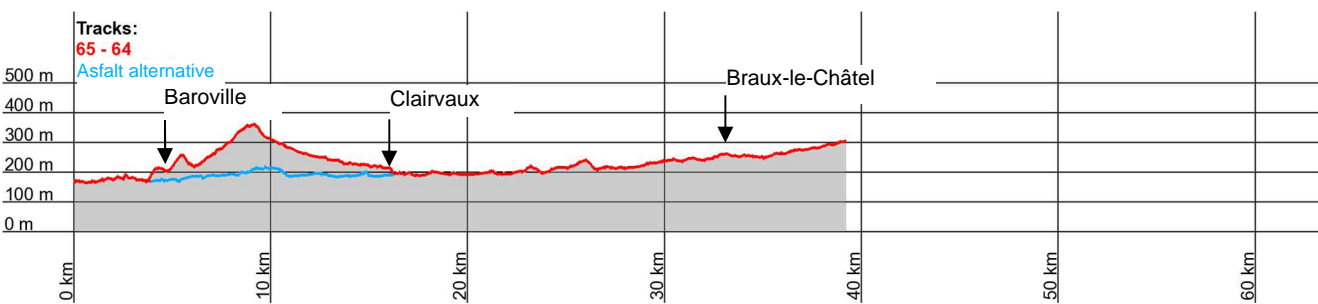
66. Brienne-la-Vieille - 65. Bar-sur-Aube

Distance	24,8 km <i>Unpaved 2,5 km.</i>
Remarks	Mind: after Unienville immediately after concrete dewater canal to gravel path to the right (navigation instruction).
Level	Easy.
Character	Half open landscape, forest.
Quality of roads	Good.
Shops	Dienville (bakery), Bar-sur-Aube.



65. Bar-sur-Aube – 64. Blessonville

Distance	39,2 km
Remarks	-
Level	Medium.
Character	Small scale and hilly.
Quality of roads	Good, quiet. Asphalt variant is busier, more flat and shorter.
Shops	Between Bar-sur-Aube and Humes (only bakery) no shops. Catering in Clairvaux.



64. Blessonville – 63. Humes

Distance	31,9 km
Remarks	-
Level	Easy.
Character	Undulating, half open landscape.
Quality of roads	Good, quiet.
Shops	Humes (bakery).

63. Humes – 62. Grenant

Distance	31,9 km <i>Unpaved 4,8 km.</i>
Remarks	-
Level	Easy.
Character	Undulating, half open landscape.
Quality of roads	Short parts of the track are <u>unpaved</u> .
Shops	Langres, Chalindrey.

62. Grenant – 61. Seveux-sur-Saône

Distance	39,1 km
Remarks	-
Level	Easy.
Character	Undulating, half open landscape.
Quality of roads	Good, quiet.
Shops	Champlitte, Dampierre-sur-Salon, Seveux-sur-Saône (bakery).

61. Seveux-sur-Saône – 60. Cussey-sur-l'Ognon

Distance	31,3 km
Remarks	-
Level	Easy.
Character	Undulating, imperceptible transition to Jura.
Quality of roads	Good.
Shops	Cussey-sur-l'Ognon (bakery).

60. Cussey-sur-l'Ognon – 59. Besançon

Distance	16,6 km
Remarks	Mind navigation instruction in Besançon.
Level	Medium.
Character	Hilly and afforested, second part a lot of development.
Quality of roads	Good.
Shops	Besançon.

59. Besançon – 58. Nods

Distance	39,3 km <i>Unpaved 3,5 km.</i>
Remarks	The main route includes two difficult <u>unpaved</u> parts. Advice: in bad weather, or immediately after rain, follow the alternative via Étalan.
Level	Heavy. Very steep climb immediately after leaving Besançon. After that continuous climbing and descending.
Character	Half open, a lot of forest, only seldom the feeling to be in the mountains.
Quality of roads	Good, except the two parts that are <u>unpaved</u> . They are of very poor quality.
Shops	Étalan (bakery) , following the alternative Étalan is on the route.

58. Nods – 57. Pontarlier

Distance	31,8 km <i>Unpaved 5,2 km.</i>
Remarks	-
Level	Medium / heavy.
Character	Half open, a lot of forest.
Quality of roads	Good, after Saint-Gorgon-Main 4 km <u>unpaved</u> road of bad quality.
Shops	Pontarlier.

57. Pontarlier – 56. Jougne

Distance	28,1 km <i>Unpaved 1,7 km.</i>
Remarks	After Labergement-Sainte-Marie a low variant via road D9, a reasonable busy road. The roundabout right before Jougne at the same time is the Col de Jougne.
Level	Easy / medium.
Character	Mountainous.
Quality of roads	Good, quiet. Very busy after Pontarlier (3 km) and before Jougne (0,5 km) (N57).
Shops	Métabief, Les Hôpitaux-Neufs, Jougne.

Tracks: 57 - 56

Saint-Point-le-Lac

Métabief

56. Jougne – 55. Orbe

Distance	19 km <i>Unpaved 0,2 km.</i>
Remarks	-
Level	Easy. Mainly descending.
Character	Descending from the mountains to the plain.
Quality of roads	Good and quiet. Only the last 100 meters to the Swiss border are unmetalled.
Shops	Ballainges, Orbe.

Tracks: 56 - 55

Ballainges

Lignerolle

55. Orbe – 54. Lausanne

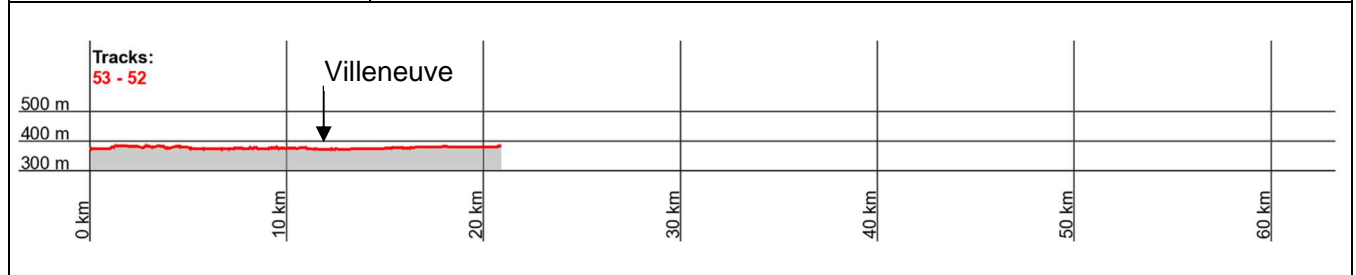
Distance	40 km <i>Unpaved 9,6 km.</i>
Remarks	The last part is a bit in disorder thanks to the expansion of Lausanne.
Level	Easy.
Character	Mostly spacious open landscape with a view on the Jura and the Alps.
Quality of roads	Good. Close to Lausanne 2 km forest path. Quality moderate / bad.
Shops	La Sarraz, Penthaz, Lausanne.

54. Lausanne – 53. Vevey

Distance	24 km <i>Unpaved 2,9 km.</i>
Remarks	<p>There are two alternatives:</p> <ul style="list-style-type: none"> - short before Aran a low variant via a small agricultural road. Less altimetres, yet a couple of very serious small climbs and descends. - Via the Route Cantonale (9) along the water. Rather busy road, partly with cycling tracks. But flat. To cover (part of) the track between Saint-Sulpice and Villeneuve by boat is also possible. <p>https://www.cqn.ch/en/ Consider it can be very hot (south slope).</p>
Level	Medium to easy. Dependent on the chosen variant.
Character	Wine-growing on terraces.
Quality of roads	Good.
Shops	Lutry, Vevey.

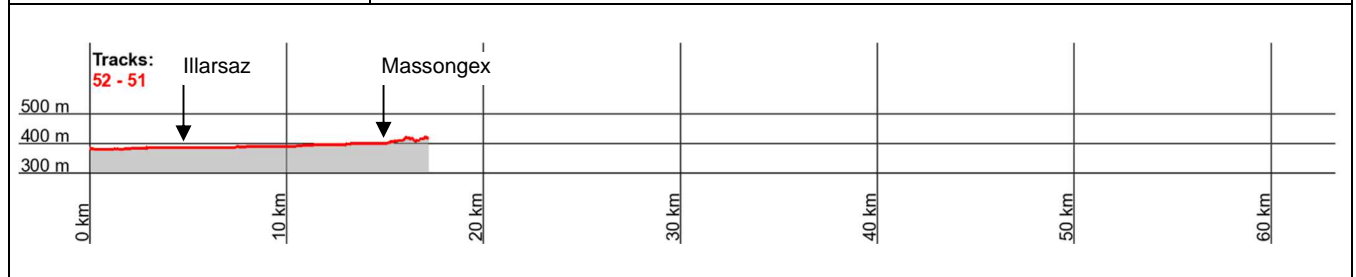
53. Vevey – 52. Versvey

Distance	21 km
Remarks	During festivals part of the promenades in Vevey and Montreux can be closed.
Level	Easy.
Character	Up to Villeneuve passing through urbanised area. After Villeneuve through the flat delta.
Quality of roads	Good. It might be busy with pedestrians in Vevey and Montreux.
Shops	Sufficient up to Villeneuve.

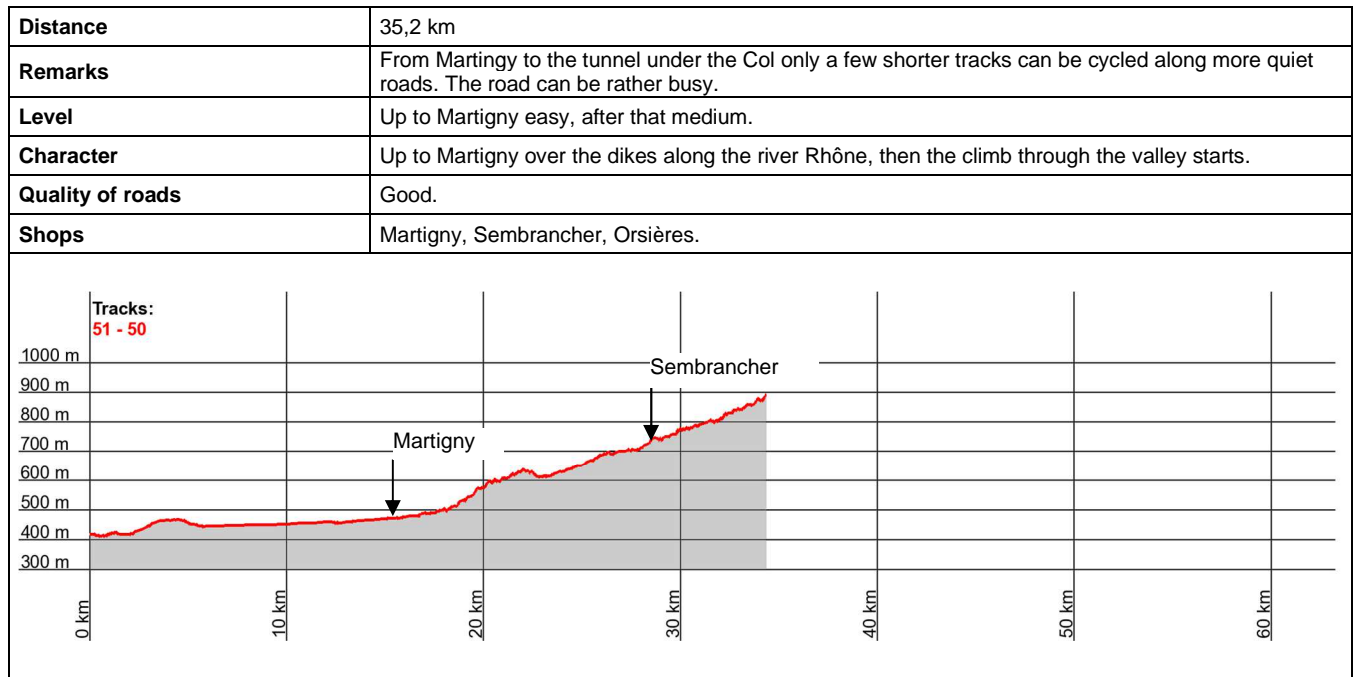


52. Versvey – 51. Saint-Maurice

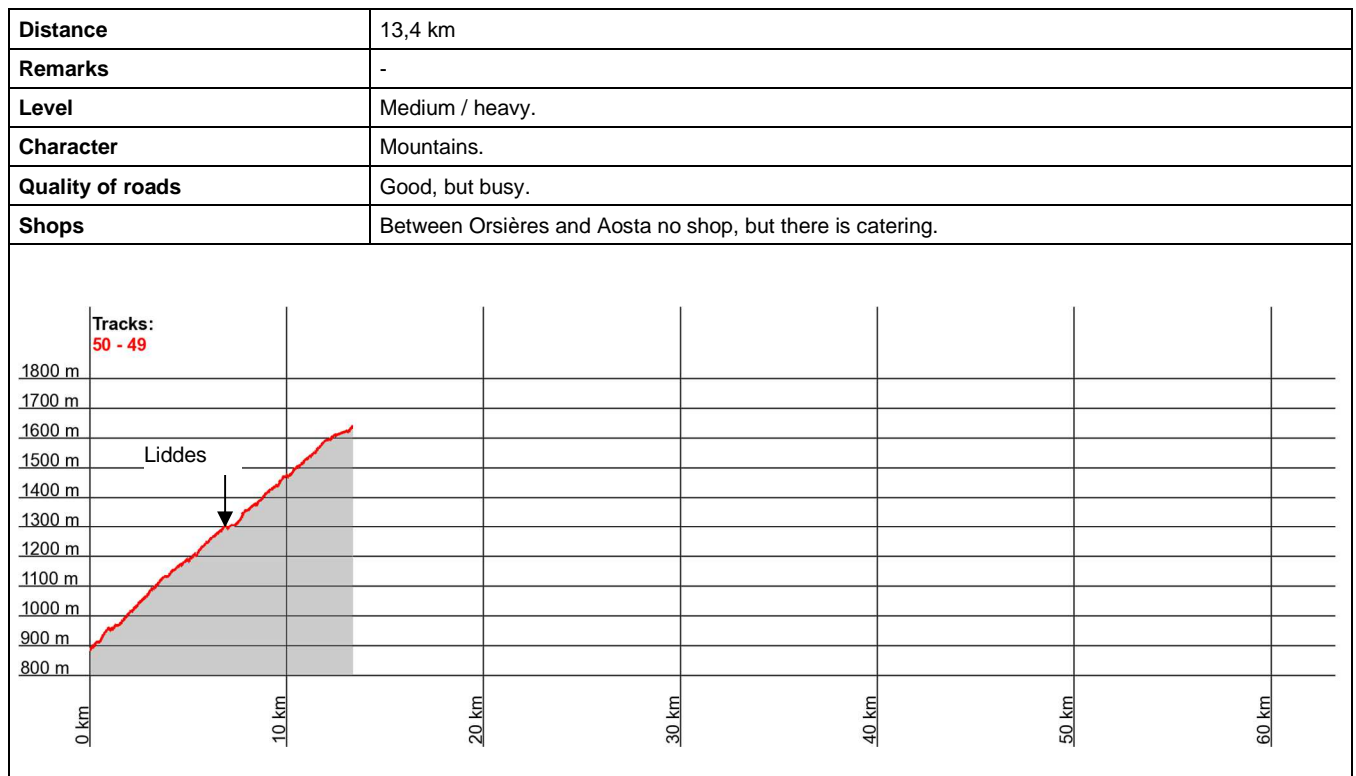
Distance	17,2 km <i>Unpaved 1,1 km.</i>
Remarks	-
Level	Easy.
Character	Over the dikes along the river Rhône. The valley narrows approaching Saint-Maurice.
Quality of roads	Good, quiet or traffic-free.
Shops	Aigle, Saint-Maurice.



51.Saint Maurice – 50. Orsières

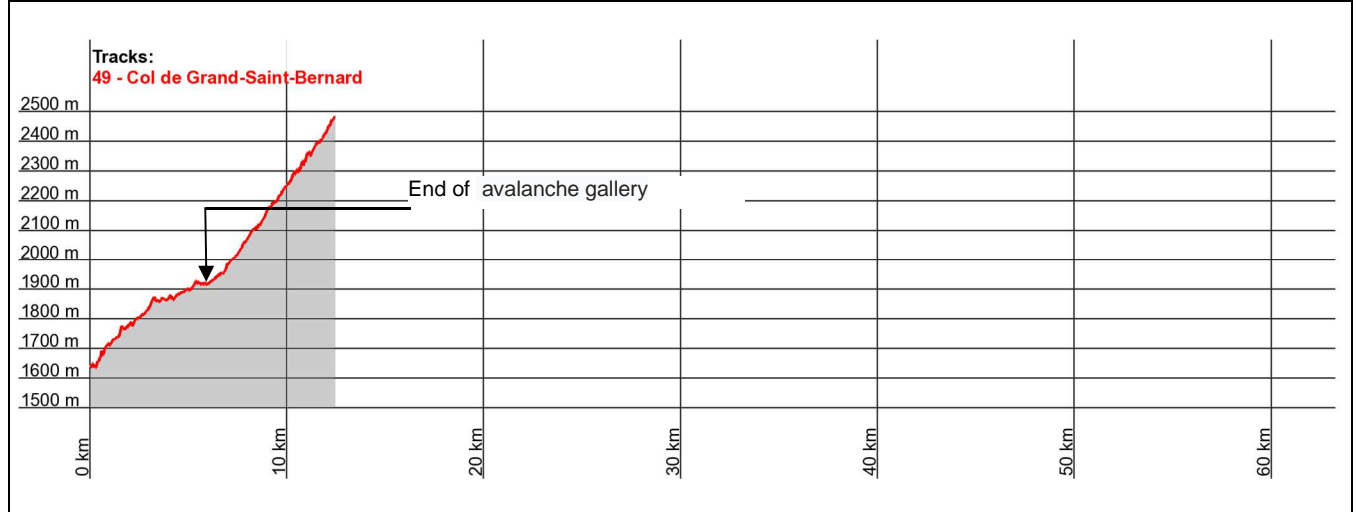


50. Orsières – 49. Bourg-Saint-Pierre



49. Bourg-Saint-Pierre – Col du Grand-Saint-Bernard

Distance	24,7 km
Remarks	Immediately after Bourg-Saint-Pierre the road is going through an avalanche gallery. It is possible to go outside the avalanche gallery at irregular distances.
Level	Medium. After the junction with the tunnel under the pass, heavy.
Character	High mountains.
Quality of roads	Good. Road can be busy, especially during the week end. Many sports cars and motorcycles.
Shops	-



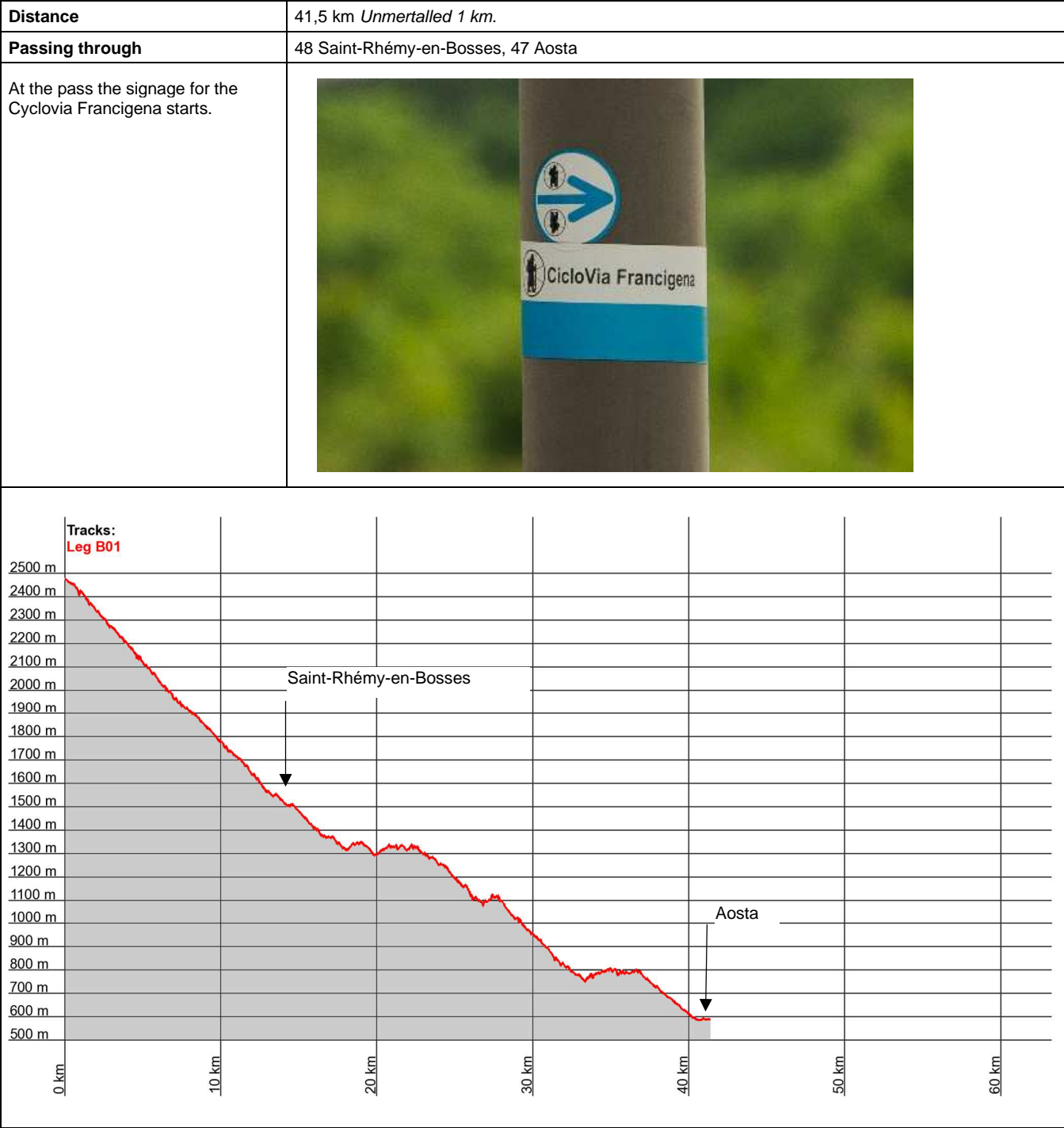
After passing the Col du Grand Saint Bernard, the route of the [European Association of the Vie Francigene](#) (EAVF) begins.

The next pages show the elevation profiles of the tracks in Italy. The name of the stages is the same as that of [European Association of the Vie Francigene](#) (EAVF)

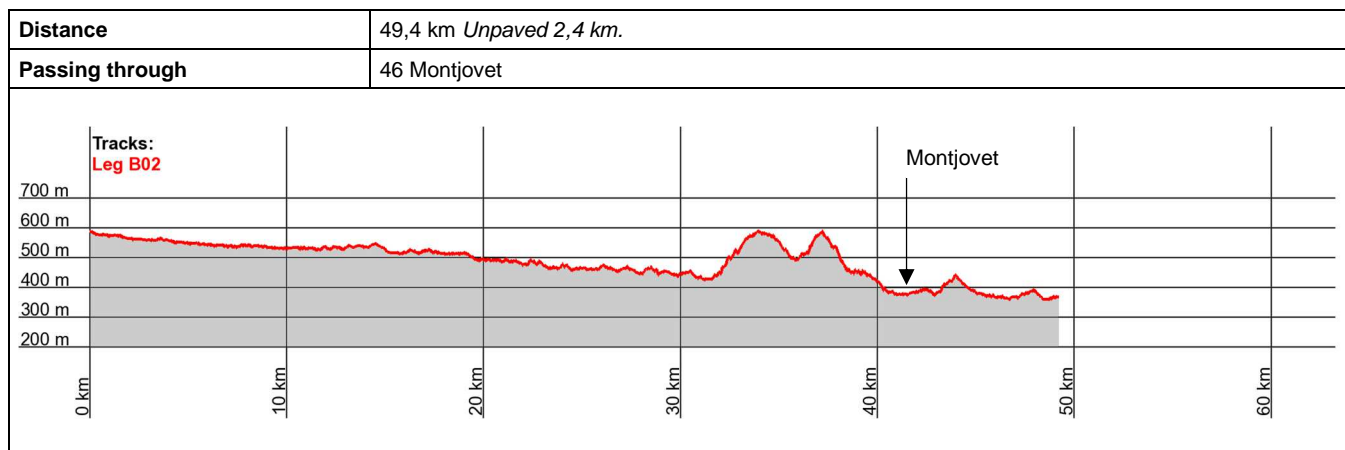
Also is indicated which places mentioned by Sigeric are passed.

See for the exact locations the GPS files.

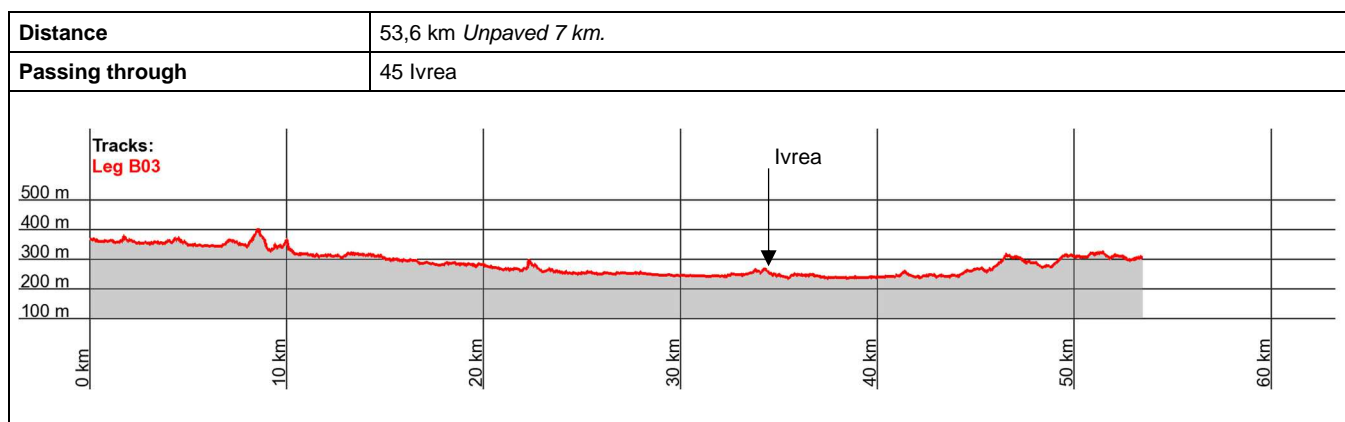
Leg B01 - From Great San Bernardo to Aosta



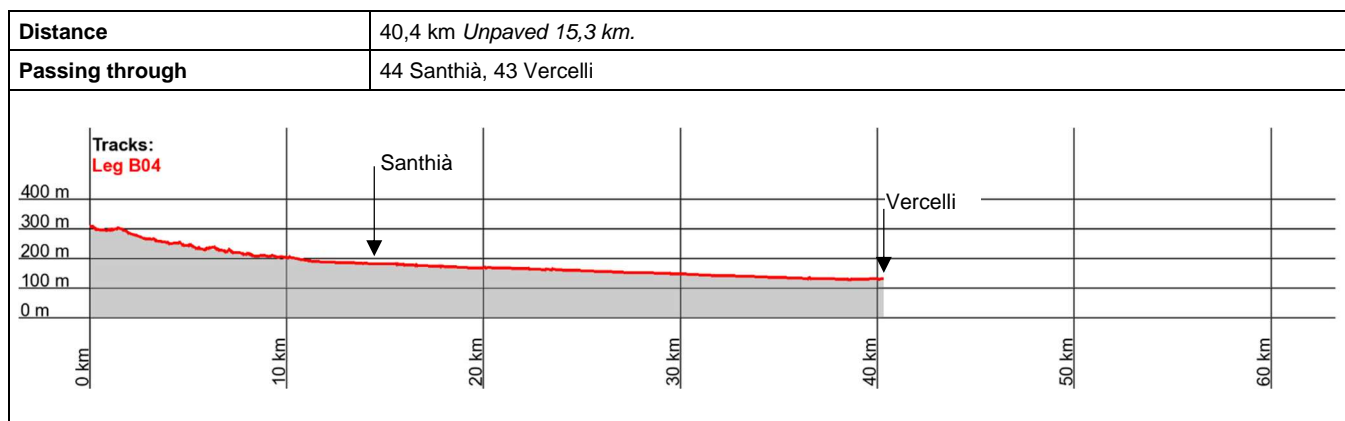
Leg B02 - From Aosta to Verres



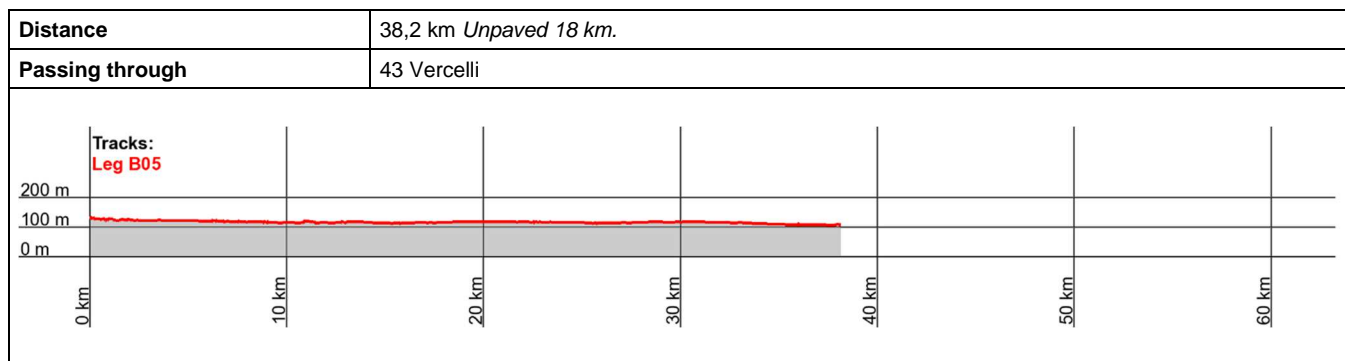
Leg B03 - From Verres to Roppolo



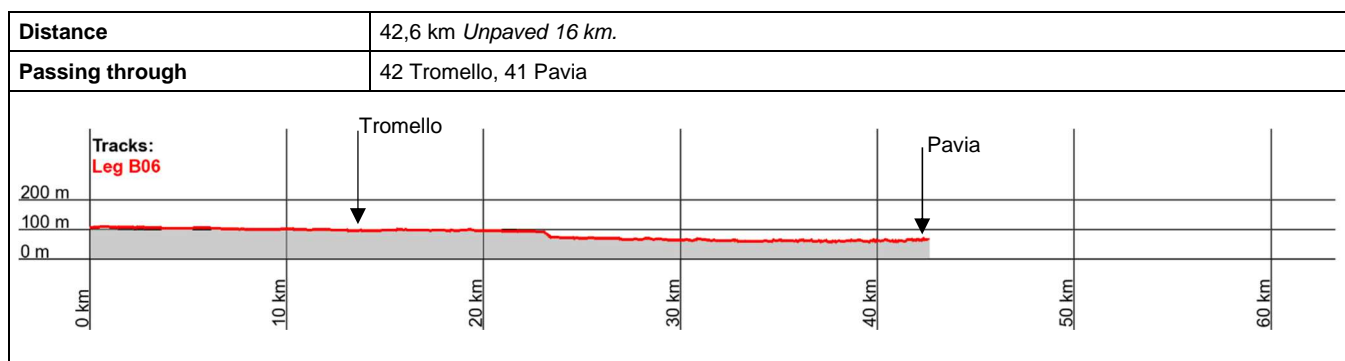
Leg B04 - From Roppolo to Vercelli



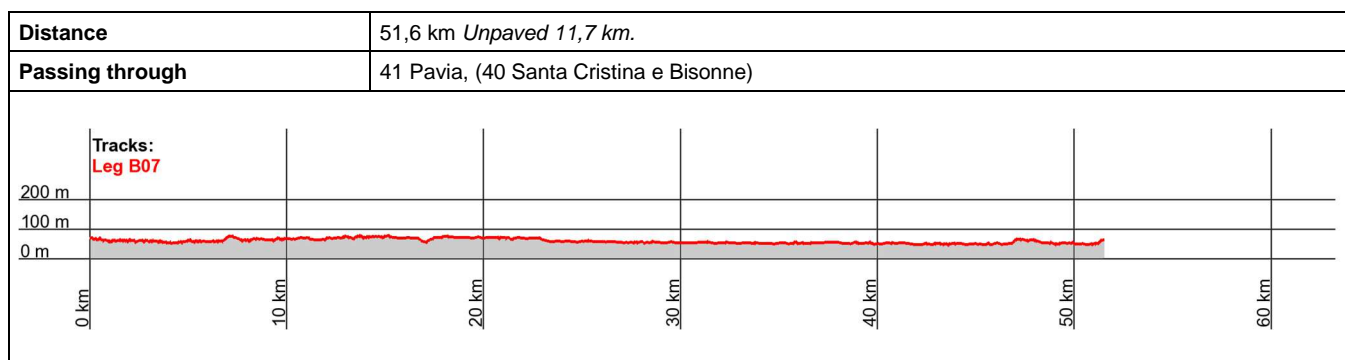
Leg B05 - From Vercelli to Mortara



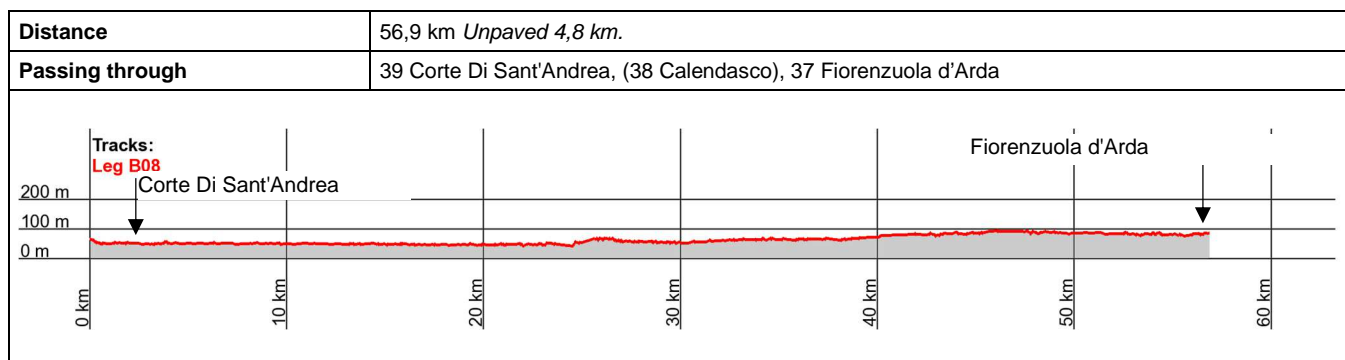
Leg B06 - From Mortara to Pavia



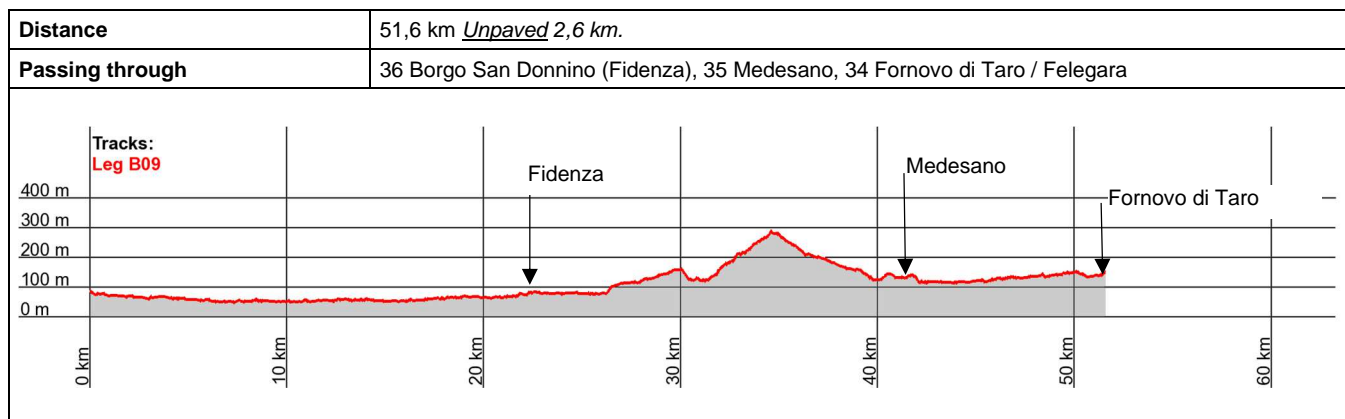
Leg B07 - From Pavia to Orio Litta



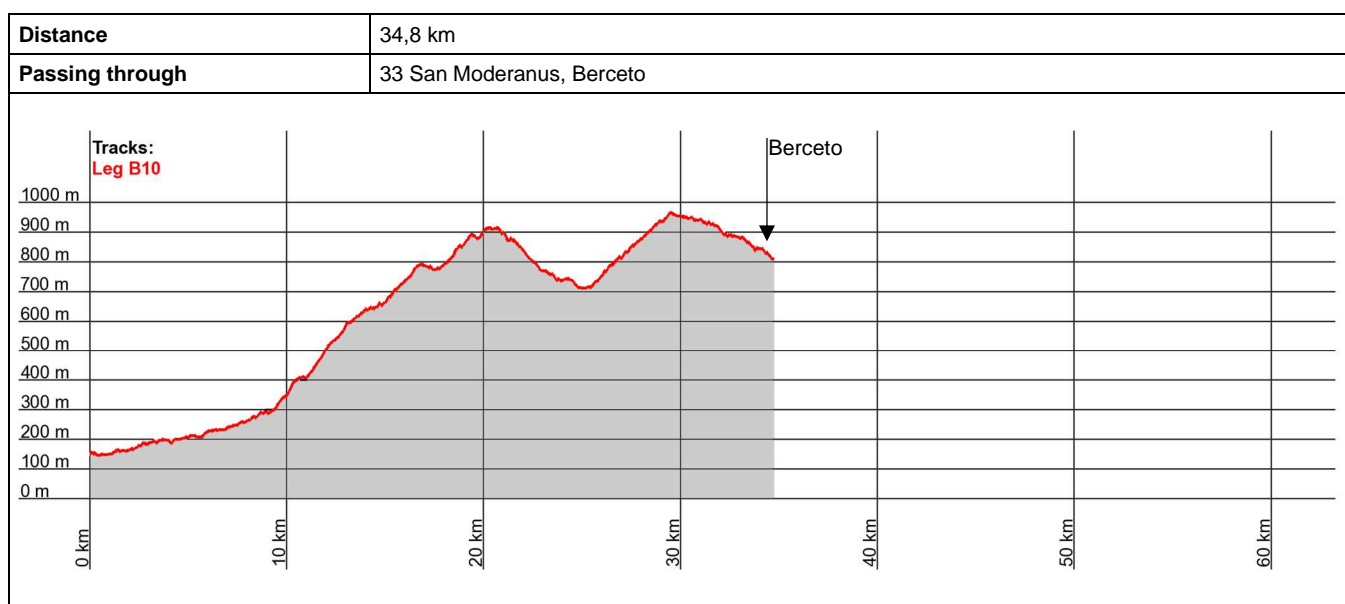
Leg B08 - From Orio Litta to Fiorenzuola



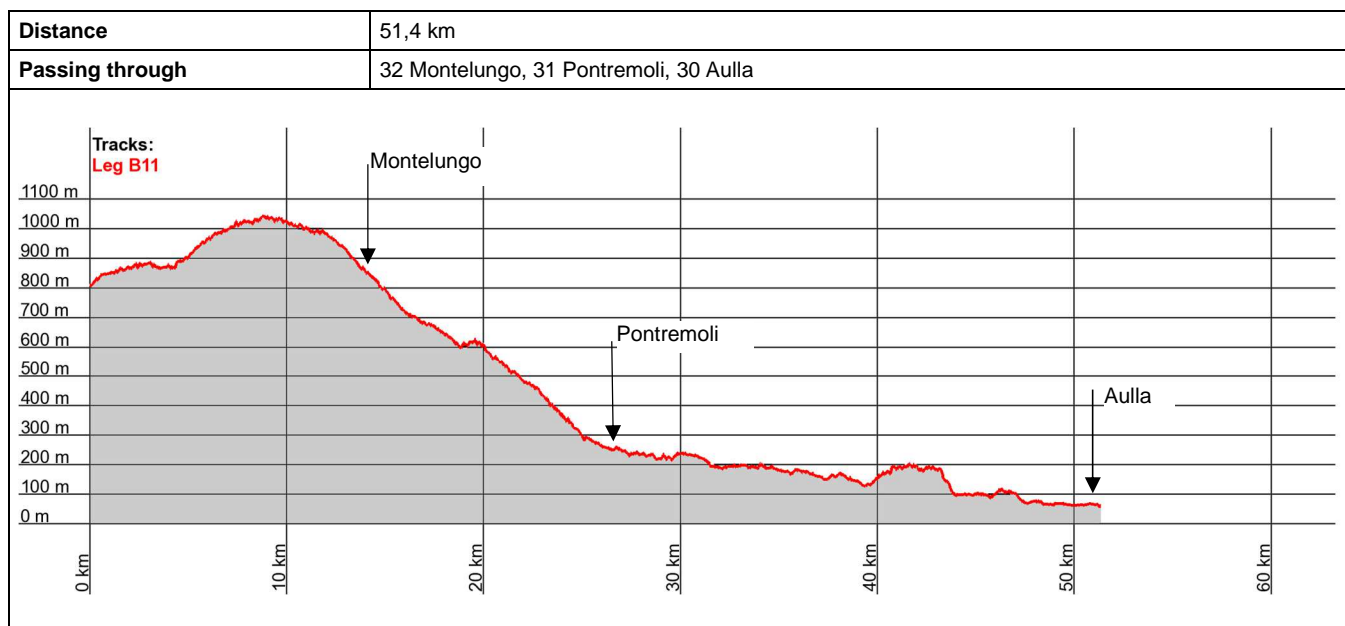
Leg B09 - From Fiorenzuola to Fornovo



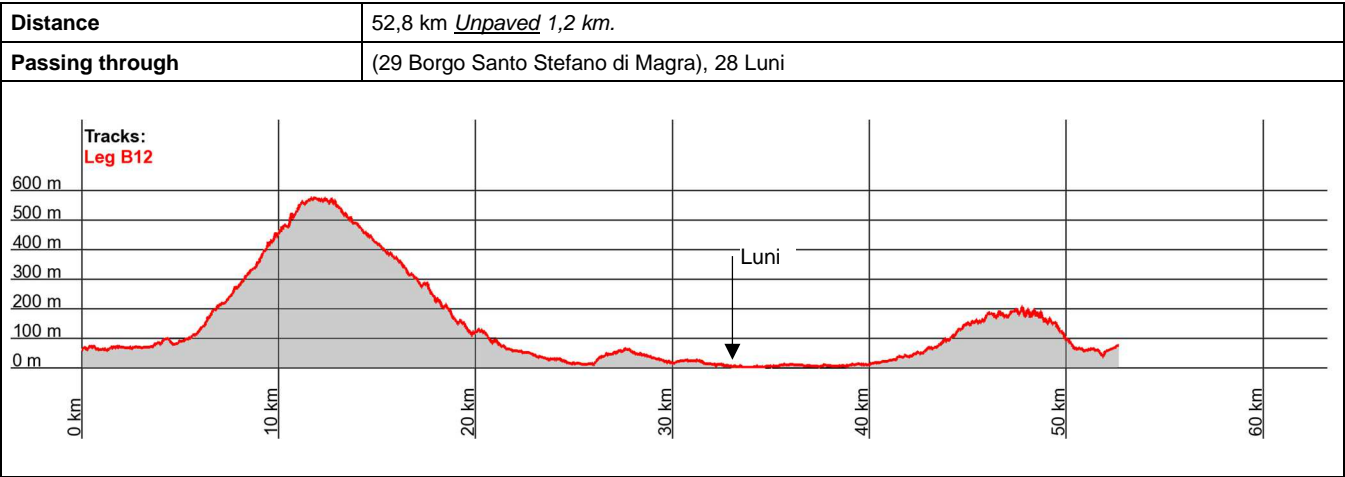
Leg B10 - From Fornovo to Berceto



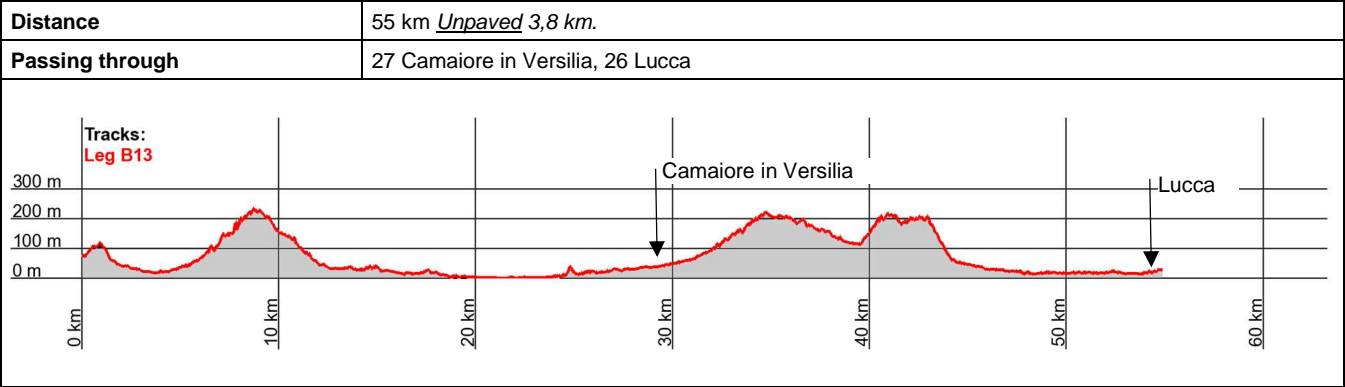
Leg B11 - From Berceto to Aulla



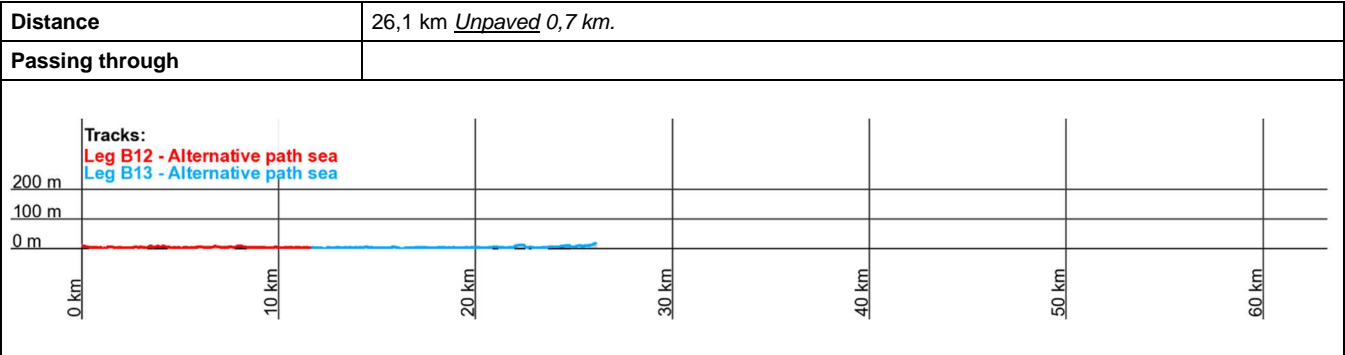
Leg B12 - From Aulla to Massa



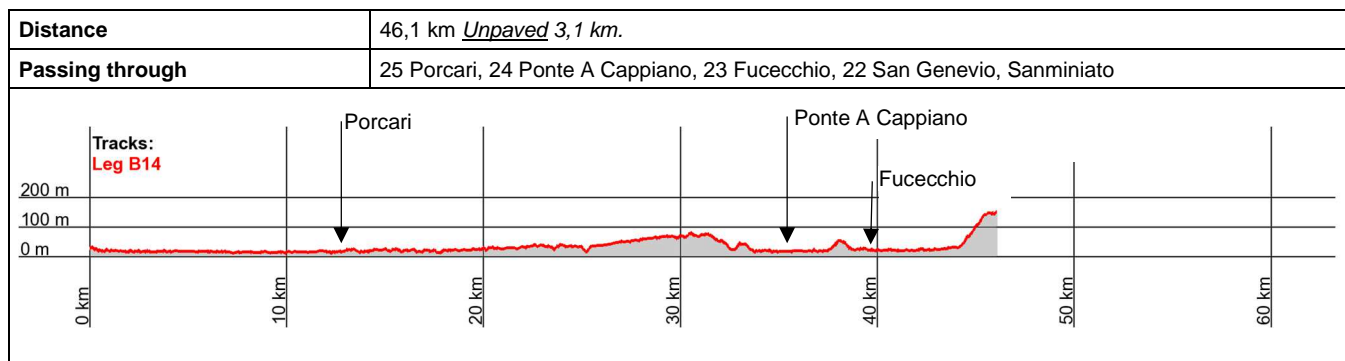
Leg B13 - From Massa to Lucca



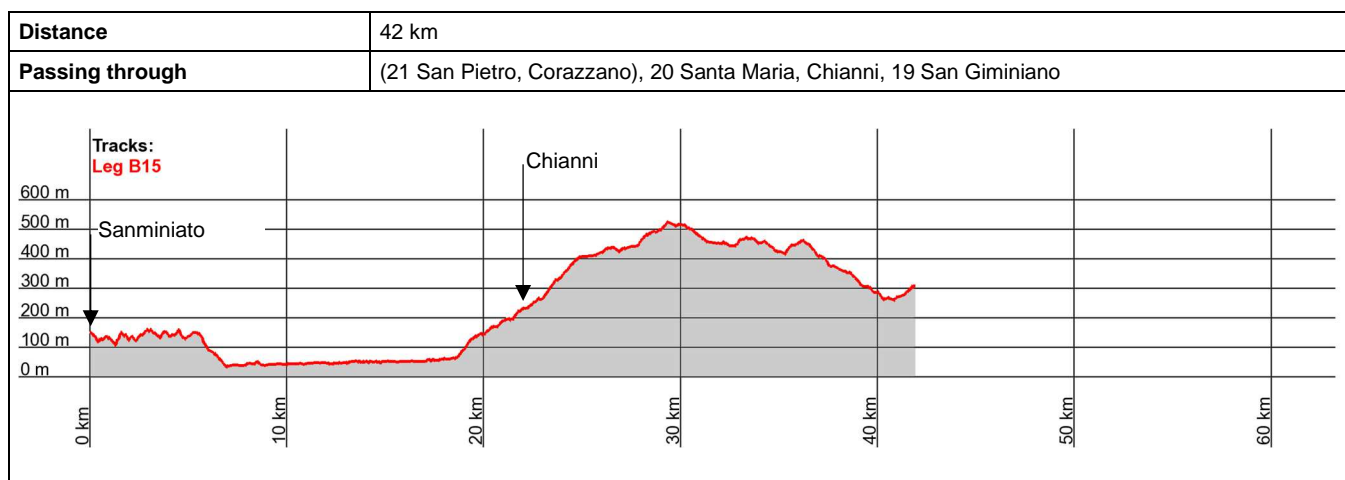
Leg B12 / Leg B13 Alternative path Sea



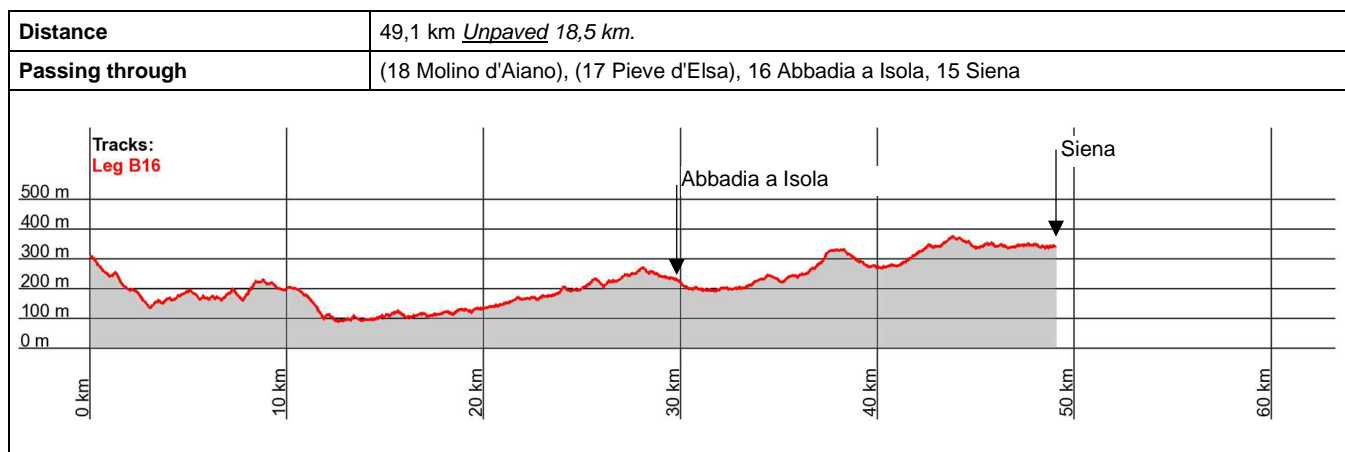
Leg B14 - From Lucca to San Miniato



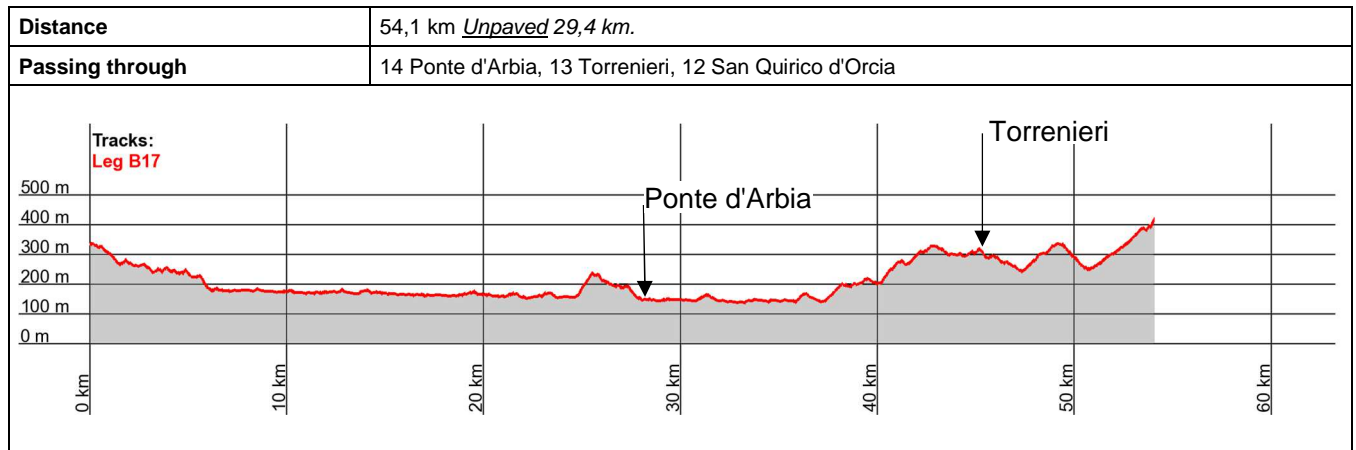
Leg B15 - From San Miniato to San Gimignano



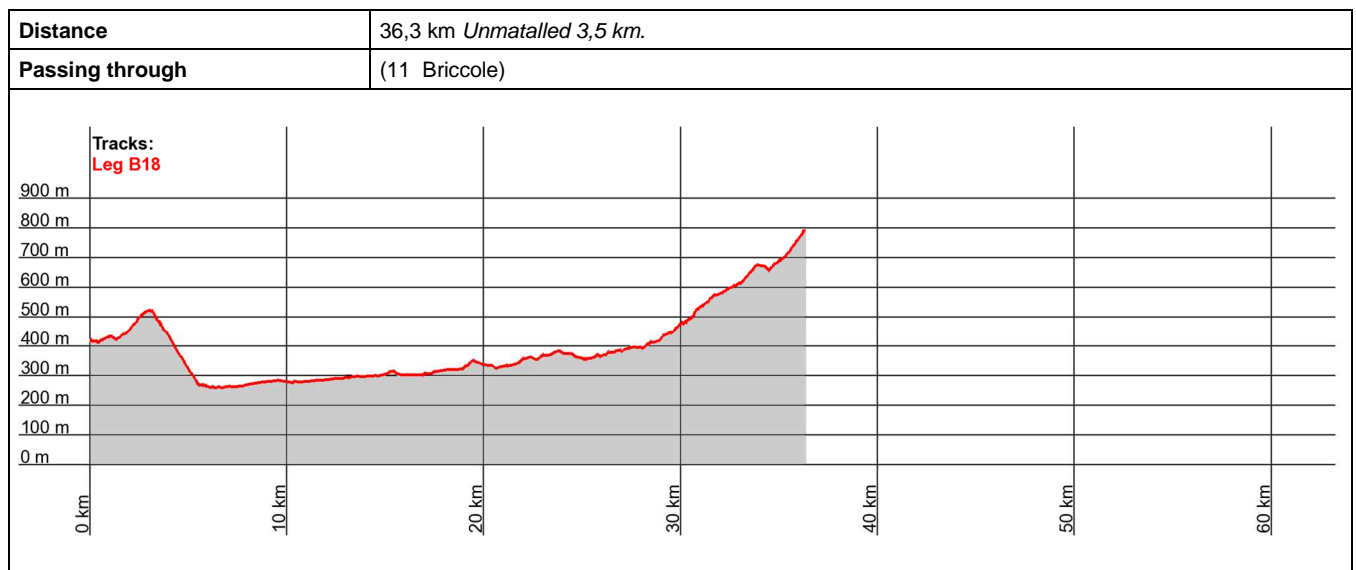
Leg B16 - From San Gimignano to Siena



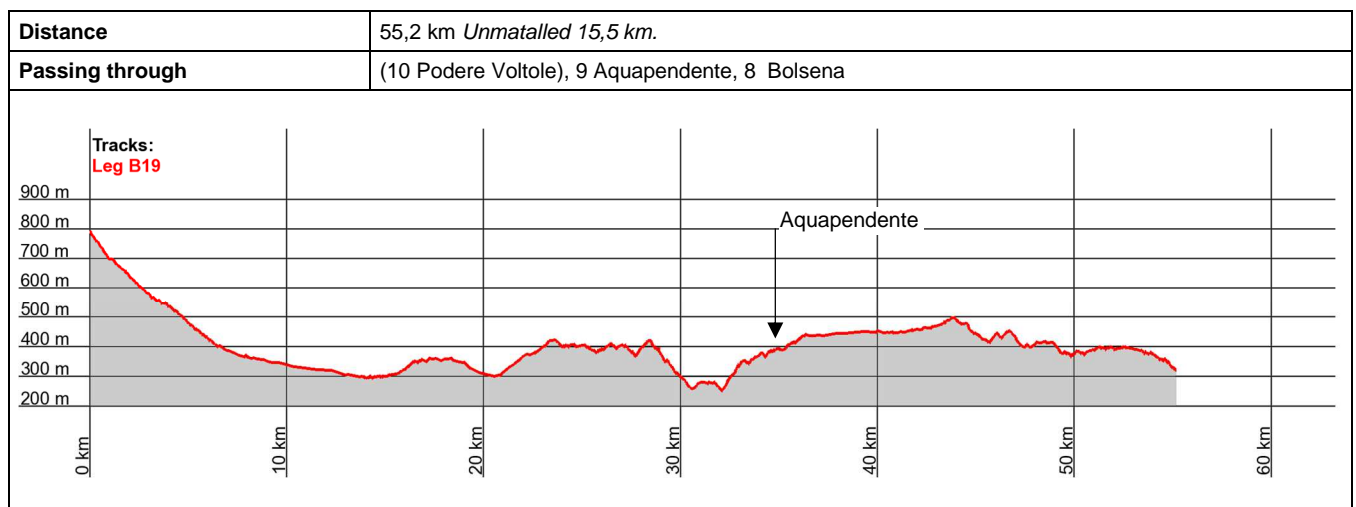
Leg B17 - From Siena to San Quirico



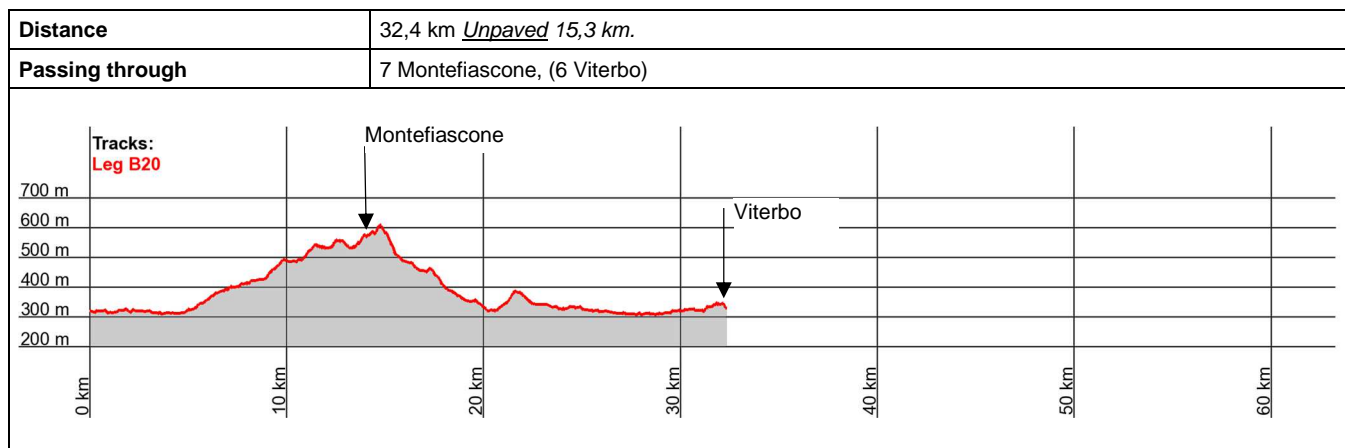
Leg B18 - From San Quirico to Radicofani



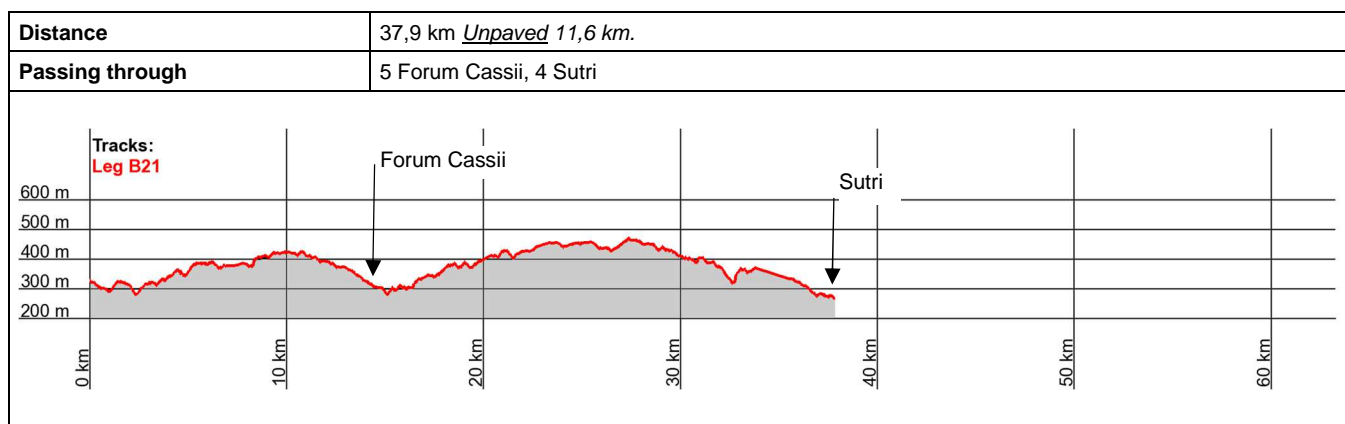
Leg B19 - From Radicofani to Bolsena



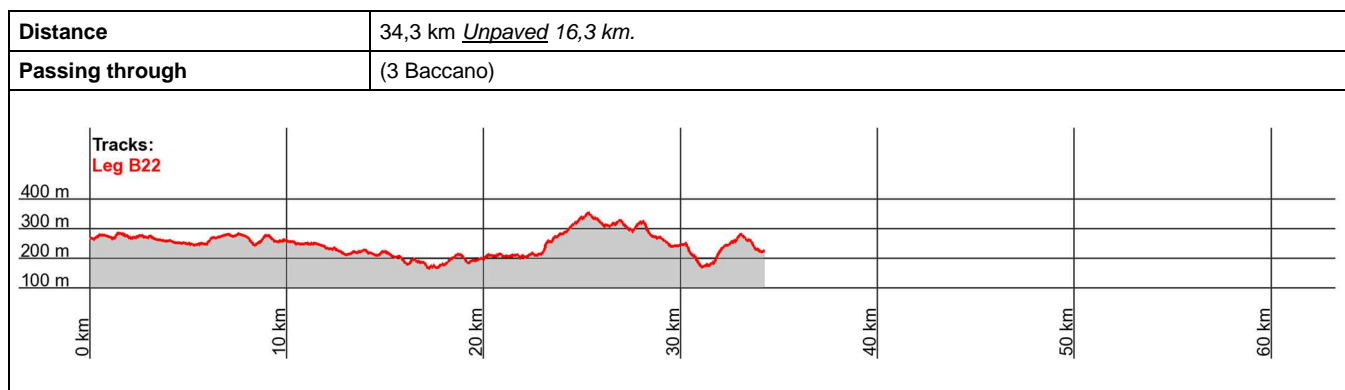
Leg B20 - From Bolsena to Viterbo



Leg B21 - From Viterbo to Sutri



Leg B22 - From Sutri to Formello



Leg B23 - From Formello to Rome

